

INSTRUCTIONS: For each question asked, circle YES or NO. When interview is complete, for questions for which R said YES, mark the corresponding box in the right-hand margin, ignoring items that do not have a corresponding box. Add up the number of marked boxes to determine R's score. A score of 0 indicates that results are not consistent with problematic levels of gambling. A score of 1 or 2 means that results are consistent with mild but subclinical risk for gambling problems. A score of 3 or 4 indicates results are consistent with moderate but subclinical gambling problems. A score of 5 or higher means that results are consistent with a likely diagnosis of pathological gambling, consistent with the diagnostic criteria of the DSM-IV. The highest score possible is 10.

1. Have there ever been periods lasting 2 weeks or longer when you spent a lot of time thinking about your gambling experiences, or planning out future gambling ventures or bets? 1
YES SKIP TO 3
NO GO TO 2

2. Have there ever been periods lasting 2 weeks or longer when you spent a lot of time thinking about ways of getting money to gamble with? 2
YES
NO

3. Have there ever been periods when you needed to gamble with increasing amounts of money or with larger bets than before in order to get the same feeling of excitement? 3
YES
NO

4. Have you ever tried to stop, cut down, or control your gambling?
YES GO TO 5
NO SKIP TO 8

5. On one or more of the times when you tried to stop, cut down, or control your gambling, were you restless or irritable? 5
YES
NO

6. Have you ever tried *but not succeeded* in stopping, cutting down, or controlling your gambling?
YES GO TO 7
NO SKIP TO 8

7. Has this happened three or more times? 7
YES
NO

The NORC Diagnostic Screen for Gambling Problems

8. Have you ever gambled to relieve uncomfortable feelings such as guilt, anxiety, helplessness, or depression? 8
YES SKIP TO 10
NO GO TO 9
9. Have you ever gambled as a way to escape from personal problems? 9
YES
NO
10. Has there ever been a period when, if you lost money gambling one day, you would often return another day to get even? 10
YES
NO
11. Have you ever lied to family members, friends, or others about how much you gamble or how much money you lost on gambling?
YES GO TO 12
NO SKIP TO 13
12. Has this happened three or more times? 12
YES
NO
13. Have you ever written a bad check or taken money that didn't belong to you from family members or anyone else in order to pay for your gambling? 13
YES
NO
14. Has your gambling ever caused serious or repeated problems in your relationships with any of your family members or friends? 14
YES SKIP TO 17
NO GO TO 15
15. Has your gambling ever caused you any problems in school, such as missing classes or days of school or your grades dropping? 15
YES SKIP TO 17
NO GO TO 16
16. Has your gambling ever caused you to lose a job, have trouble with your job, or miss out on an important job or career opportunity? 16
YES
NO
17. Have you ever needed to ask family members or anyone else to loan you money or otherwise bail you out of a desperate money situation that was largely caused by your gambling? 17
YES
NO