# Brief Biosocial Gambling Screen (BBGS)

A “yes” answer to any of the questions means the person is at risk for developing a gambling problem.

1. During the past 12 months, have you become restless, irritable or anxious when trying to stop/cut down on gambling?  
   - YES  
   - NO

2. During the past 12 months, have you tried to keep your family or friends from knowing how much you gambled?  
   - YES  
   - NO

3. During the past 12 months did you have such financial trouble as a result of your gambling that you had to get help with living expenses from family, friends or welfare?  
   - YES  
   - NO

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[www.divisiononaddiction.org](http://www.divisiononaddiction.org)