Recommendation 1: Establish a campus-wide committee to develop and monitor a comprehensive policy on gambling.

Recommendation 2: Ensure that college policies are consistent with applicable local, state, and federal laws.

A. Examine college policies to ensure compliance with local, state, and federal laws regarding gambling.

B. Promote campus-wide awareness of local, state, and federal laws regarding gambling.

C. Encourage campus law enforcement to collaborate with community law enforcement agencies to identify illegal gambling activities such as bookmaking operations involving students.

Recommendation 3: Strive for consistency and universal application with prohibitions and restrictions on gambling and alcohol use at special events.

A. Be prepared for conflicts of interest when attempting to restrict or prohibit gambling and alcohol use at on-campus events.

B. Consider the potential for sending mixed messages about alcohol and gambling.

C. Encourage organizations to use non-gambling themes for special events.

Recommendation 4: Promote campus-community collaborations that focus on reducing problems with student drinking and gambling.

A. Develop relationships with local gambling operators to encourage restrictions on advertising and ensure that laws on underage gambling are enforced.

Recommendation 5: Encourage adjustments in disciplinary actions applied to violators of gambling rules if the student seeks assistance from health or counseling services.
Recommendation 6: Make reasonable accommodations for students focused on recovery from a problem with gambling or alcohol.

A. Allow students who need time off to focus on recovery from a gambling or alcohol disorder to take a medical leave of absence.

B. Make reasonable accommodations allowing students involved in off-campus treatment to continue in classes.

C. Allow students who withdraw and are no longer eligible for a refund to appeal the process citing gambling or alcohol problems as an extenuating circumstance beyond the control of the student involved.

Recommendation 7: Measure student attitudes, behaviors, and problems with gambling through campus surveys or by incorporating such measures into existing campus health-related surveys.

Recommendation 8: Promote campus-wide awareness of (1) pathological gambling as a mental health disorder that has a high rate of comorbidity with alcohol use and other addictive disorders, and (2) responsible gaming principles.

A. Disseminate information about disordered gambling behavior on a campus-wide basis.

B. Use a variety of media, including social media, Web sites, etc. to disseminate information beyond the traditional printed student handbook.

C. Target particular groups for education about gambling disorders; for example, student athletes or student fans.

Recommendation 9: Employ evidence-based strategies to identify and help students with gambling and alcohol problems.

Recommendation 10: Strengthen the capacity of counseling services to identify and treat gambling disorders.

A. Assess the ability of current counseling staff to meet the needs of students with gambling problems and provide additional training if necessary.

B. Encourage referrals to off-campus treatment providers who are certified specialists in the area of addiction treatment.

C. Specify the availability of services and promote them to students through a wide variety of media.